

THE
LANSDOWNE

KENMARE

BREAKFAST

Organic Rolled Oat Porridge (1, 7, 8) €5.50
served with a choice of Seasonal Berries & Honey or Banana, Almond Flakes and Local Honey

Nut & Maple Granola (1, 5, 6, 7, 8, 11, 12) €6.00
served with Glenilen Natural Yoghurt and Seasonal Berries

Peanut Butter and Banana (1, 5, 8, 12) €8.00
served on Toasted Sourdough Bread drizzled with Local Honey and Homemade Granola

LK Omlette (3, 7) €8.00
Beara Eggs, Cherry Tomatoes, Dromquinna Garden Kale & Mushrooms

Chef's Choice (1, 3, 10, 12) €9.50
Two Beara Poached Eggs, Chorizo, Red Peppers and Onions served in a Tomato Sauce

LK GRILL (1, 3, 7, 8, 10, 12) €12.50
Dempsey's free range Bacon, fried Beara Egg, Dempseys' Sausages, Sneem Black Pudding, Tomato Relish, Sourdough Bread

Breakfast Hash (1, 3, 6, 9) €9.00
Chopped Dempseys' free range Bacon and Dempsey's free range Sausage, Peppers, Onions served with Sautéed Potatoes & fried Beara Egg

Eggs Florentine (1, 3, 6, 7, 12) €10.00
Two poached Beara Eggs, Knockatee Cheese, Dromquinna Baby Spinach Served on a Buttermilk Crumpet with Hollandaise Sauce

CEREALS

Rice Crispies, Cornflakes, Weetabix (1, 7) €2.50
Served with milk

TEAS & COFFEES

Barry's Tea €2.20

Java Earl Grey Tea €2.70

Java Peppermint Herbal Tea €2.70

Java Camomile Herbal Tea €2.70

Java Wild Berry Herbal Tea €2.70

Java Jasmine Green Tea €2.70

Espresso €2.50

Caffè Macchiato (7) €2.70

Americano (7) €3.00

Flat White (7) €3.50

Cappuccino (7) €3.50

Caffè Latte (7) €3.50

Caffè Mocha (7) €4.00

Organic Hot Chocolate (7) €3.50

San Pellegrino Sparkling Water €2.50

Acqua Panna Still Water €2.50

Orange Juice €3.50

Cranberry Juice €3.50

Apple Juice €3.50

Breakfast Smoothie €4.50

Seasonal Berries Jam €1.00

Bread Basket (1, 3, 7) €3.50
(Brown soda bread & Sourdough bread)

Toast (White or Brown) (1, 7) €2.00

1 Cereals (containing gluten), 2 Crustaceans, 3 Eggs, 4 Fish, 5 Peanut, 6 Soybeans, 7 Milk, 8 Nuts, 9 Celery, 10 Mustard, 11 Sesame seeds, 12 Sulphur dioxide & sulphites, 13 Lupins, 14 Molluscs